



# RANGER COLLEGE INSIDE STUDENT SERVICES



## GETTING TO KNOW... UPWARD BOUND DIRECTOR MISHAREE GUNSTANSON

WHEN DID YOU BEGIN SERVING AT RANGER COLLEGE?

AUGUST 10, 2023

WHERE WERE YOU BORN?

EASTLAND, TX

FAVORITE LOCAL RESTAURANT

MJ'S BACK PORCH

WHAT IS YOUR IDEAL VACATION DESTINATION?

MY DREAM IS TO TRAVEL TO SCOTLAND TO LEARN ABOUT MY SCOTTISH HERITAGE.

WHAT IS A BOOK, MOVIE, OR SERIES RECOMMENDATION?

FRIENDS SITCOM IS MY GO-TO FEEL-GOOD SHOW, ALBEIT I HAVE NOT BEEN ABLE TO WATCH IT SINCE MATTHEW PERRY PASSED AWAY.

GUILTY PLEASURE

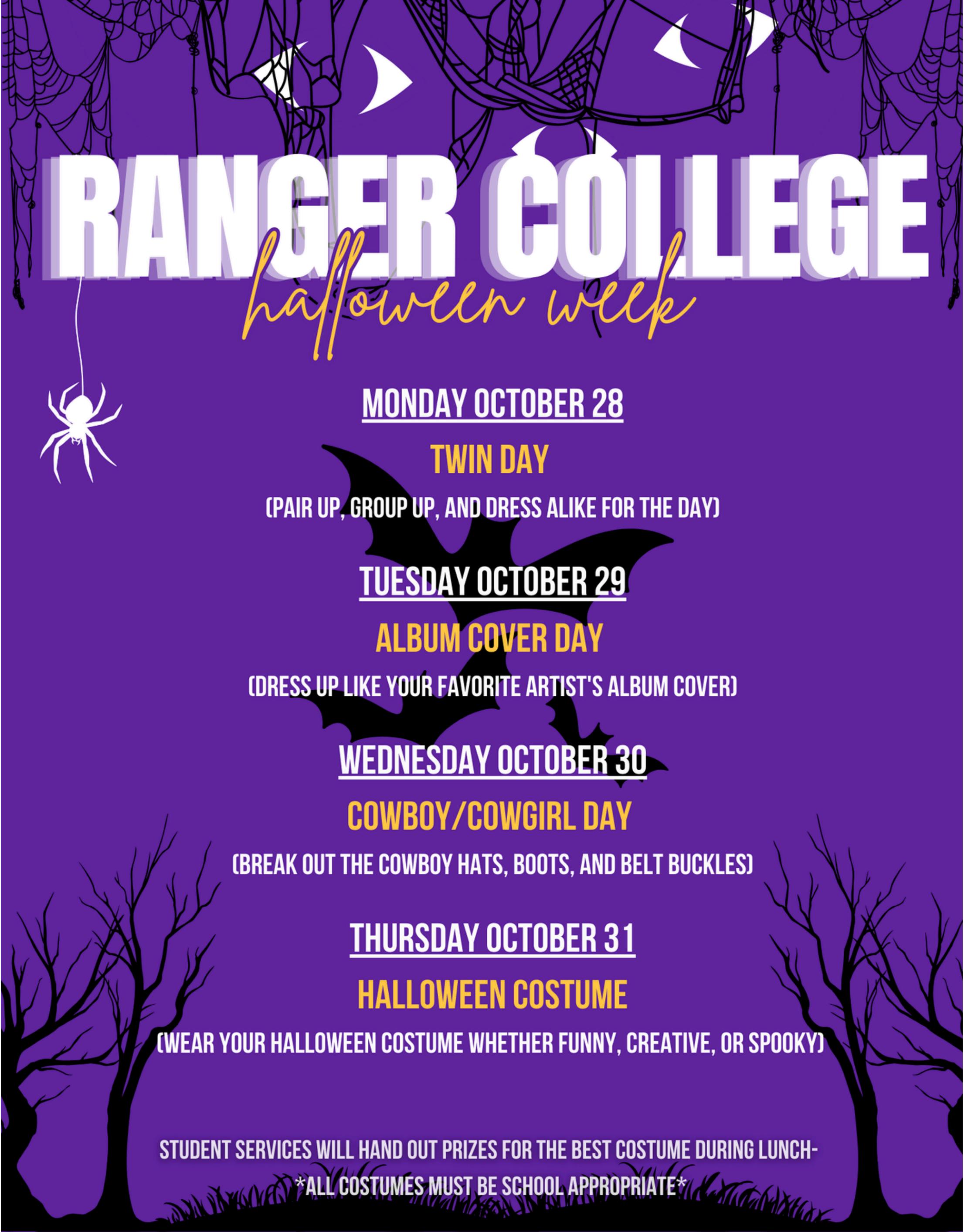
READING, COFFEE, AND HANGING OUT WITH MY FAMILY.

MEANINGFUL RANGER COLLEGE MEMORY

DIRECTING MY FIRST SUMMER ACADEMY HAS BEEN THE HIGHLIGHT OF MY YEAR. I LOVE WATCHING OUR STUDENTS GROW AND DISCOVER THEIR PASSION IN LIFE.

CARING CAMPUS MOMENT

THE ENTIRE STAFF IN OUR STUDENT SUCCESS CENTER BUILDING COMING TOGETHER TO RENOVATE AND UPDATE OUR BUILDING. WE HAVE AN AMAZING TEAM OVER HERE!



# RANGER COLLEGE

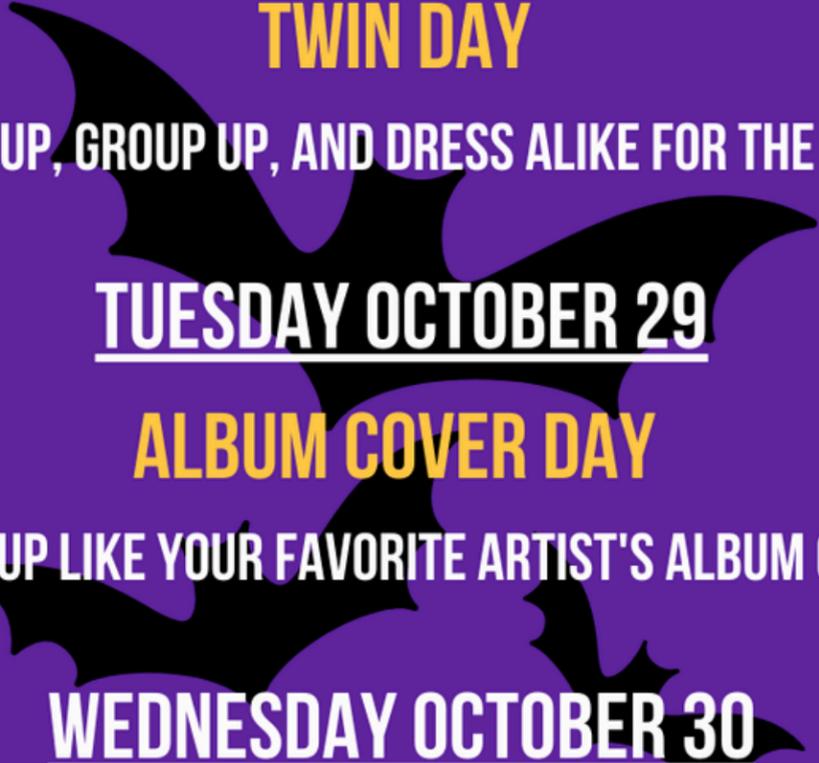
*halloween week*



MONDAY OCTOBER 28

**TWIN DAY**

(PAIR UP, GROUP UP, AND DRESS ALIKE FOR THE DAY)



TUESDAY OCTOBER 29

**ALBUM COVER DAY**

(DRESS UP LIKE YOUR FAVORITE ARTIST'S ALBUM COVER)

WEDNESDAY OCTOBER 30

**COWBOY/COWGIRL DAY**

(BREAK OUT THE COWBOY HATS, BOOTS, AND BELT BUCKLES)

THURSDAY OCTOBER 31

**HALLOWEEN COSTUME**

(WEAR YOUR HALLOWEEN COSTUME WHETHER FUNNY, CREATIVE, OR SPOOKY)

STUDENT SERVICES WILL HAND OUT PRIZES FOR THE BEST COSTUME DURING LUNCH-

*\*ALL COSTUMES MUST BE SCHOOL APPROPRIATE\**



# College is the right choice. META is here to help.

## STRESS, ANXIETY, & DEPRESSION

Learn how to cope when you're feeling overwhelmed

## TRAUMA & GRIEF

Receive the skills to cope with unpleasant memories & loss

## RELATIONSHIP ISSUES

Whether you're going through a break-up or fighting with your roommate, let's talk about it

## FINANCIAL PRESSURES

Gain coping skills to help you stop worrying about money problems

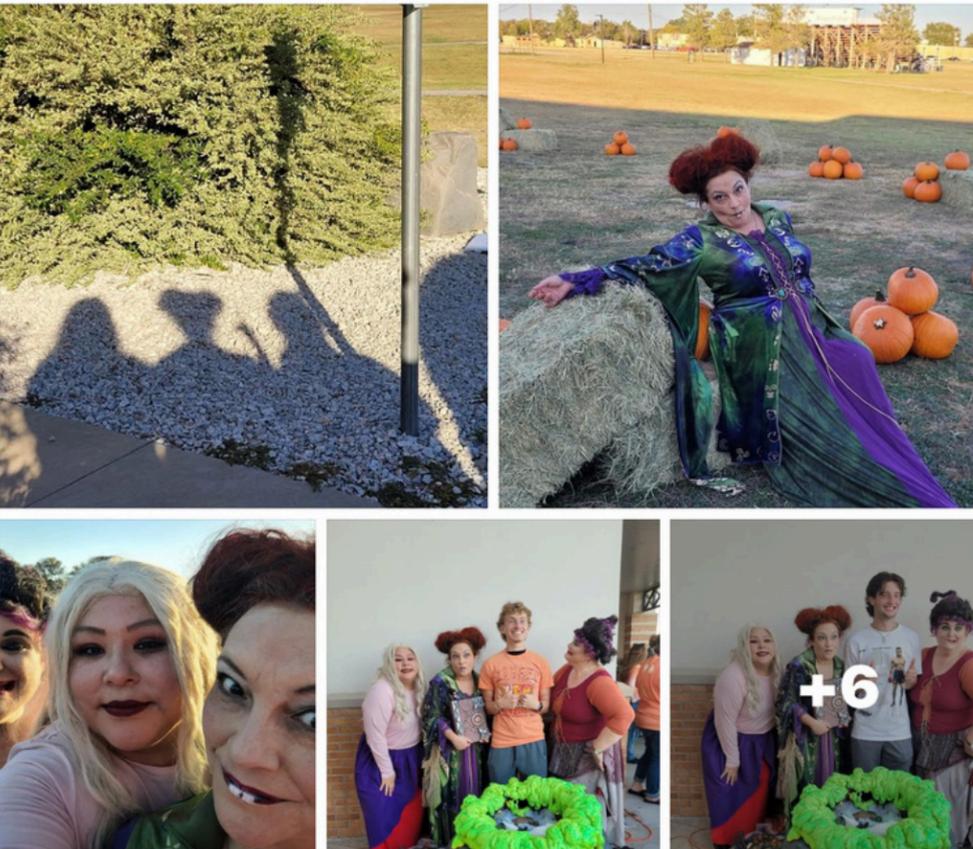


Download META Today  
[meta.app/students](https://meta.app/students) | 833-844-META

## SOCIAL MEDIA POST OF THE WEEK

 **Chinda Lynn is with Wendy Butler Rodgers and Genesa Camacho.** ...  
14h · 👥

Long day at work but when you're having this much fun is it really work?



👍👍👍 17      2 comments

👍 Like      💬 Comment      📧 Send

 **rangersmens** 3m ...



❤️ 💬 📍 🌐 📌

1 like

rangersmens 2024 region 5 conference champions!!!! Now in to the district finals we are not done yet!!! #rangercollegesoccer 🦊  
💜 ⚽ #Family 🦊 🦊 ⚽  
#weareinthistgether



3rd Annual .

DIA  
DE LOS

MUERERTOS



Come learn about this holiday, watch a movie,  
and enjoy pan dulce, cafe, y chocolate Abuelita!

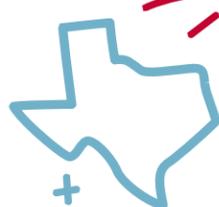
October 28 | 7:00 P.M.

Ranger REACH Pathways Center

All Are Invited!

# Blood Drive



 **Cliff D.**  
Blood Recipient  
Arlington, Texas

**Monday, November 4, 2024**

**9:00 AM - 2:00 PM**

**Ranger College**  
Carter BloodCare Bus  
1240 College Circle  
Ranger, TX 76470

*Schedule an appointment*



*Receive a blanket!\**



**CarterBloodCare.org**  
**800-366-2834 | Text CBCDonate to 999-777**  
\*While supplies last. Item may be substituted for item of equal value.

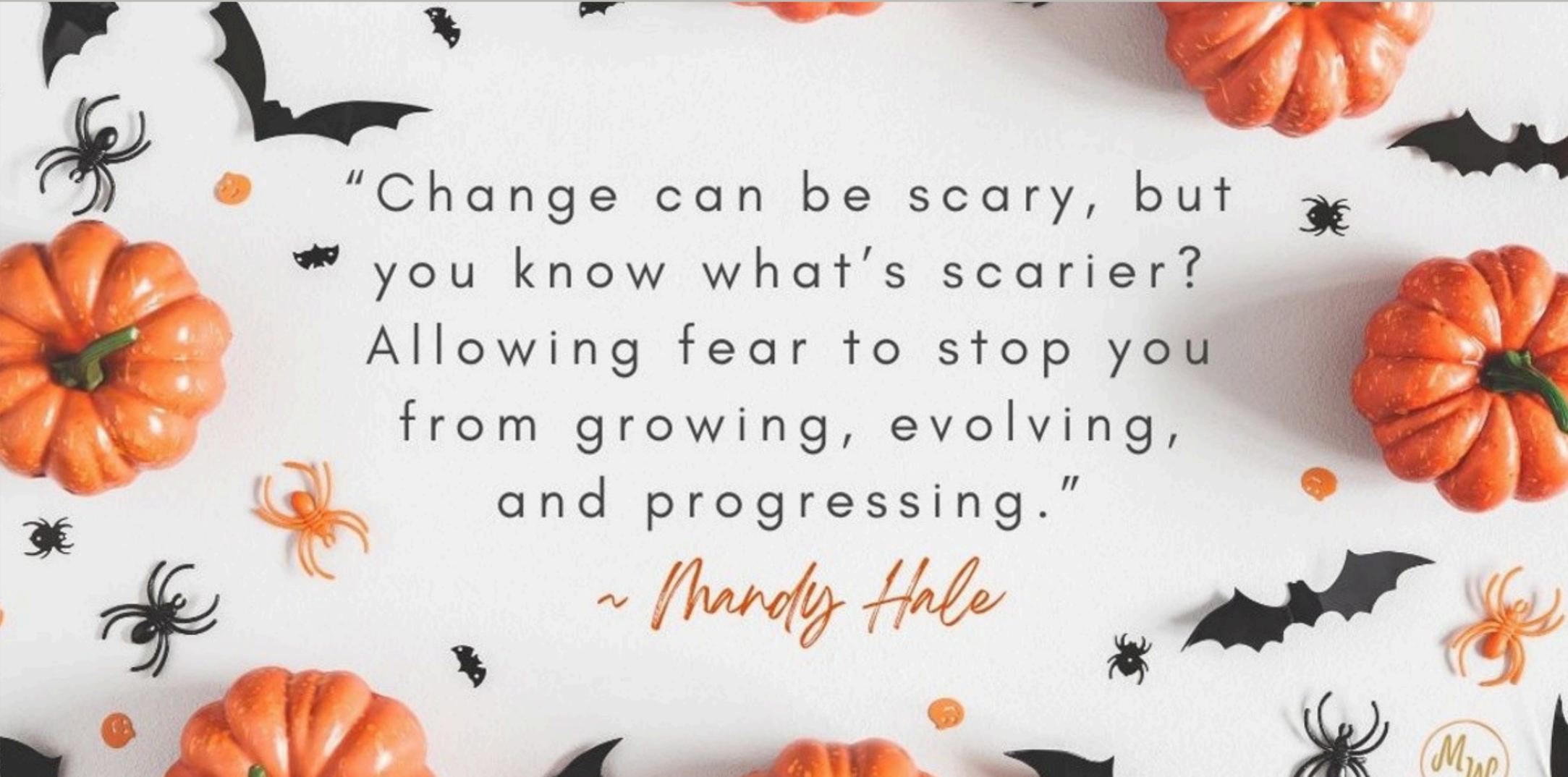
FACULTY, I HAVE A QUESTION FOR YOU. HAVE YOU EVER WONDERED WHY, DESPITE ALL THE QUALITY LIBRARY RESOURCES AVAILABLE, EVEN YOUR MOST PROMISING STUDENTS WILL BEGIN AND END THEIR SEARCH FOR INFORMATION AND SOURCE MATERIALS WITH GOOGLE? STAFF MEMBERS WHO REGULARLY INTERACT WITH STUDENTS, HAVE YOU EVER WONDERED WHY YOU FIND YOURSELF ANSWERING THE SAME QUESTIONS OVER AND OVER DESPITE WALKING STUDENTS THROUGH THE SAME PROCESS OVER AND OVER EVERY TIME THEY NEED TO FIND AN ANSWER TO THEIR PROBLEM? PARENTS, HAVE YOU NOTICED THAT, DESPITE INVESTING IN NEW SMART PHONES FOR YOUR KIDS EVERY TWO YEARS, YOUR KIDS HAVEN'T REALLY GOTTEN MUCH SMARTER AS A RESULT? WHY DOES THIS YOUNGER GENERATION OF STUDENTS STRUGGLE TO UNDERSTAND GRAND CONCEPTS BUT CAN REMEMBER THE LYRICS TO EVERY OBSCURE SONG ON THEIR IPHONE PLAYLIST?

THIS CONUNDRUM IS NOT NEW. THE ADULTS WHO TAUGHT YOU IN SCHOOL WONDERED THE SAME THINGS ABOUT YOU AND YOUR COHORT. THEIR TEACHERS FELT SIMILARLY ABOUT THEM AND THE RESEARCHERS WHO HAVE STUDIED THIS PHENOMENON FOR CENTURIES HAVE FOUND THEMSELVES FLUMMOXED AND FISHING FOR ANSWERS TO THIS MYSTERY THAT HAS REMAINED A CONSTANT CHARACTERISTIC OF HUMAN GROWTH AND DEVELOPMENT. TO FIND THE ANSWER WE MUST GO BACK TO THE 1940'S AND CHECK IN ON AMERICAN LINGUIST GEORGE KINGSLEY ZIPF AND HIS RESEARCH REGARDING WORD USAGE WHEN COMMUNICATING. ZIPF DISCOVERED THAT, DESPITE KNOWING THE MEANINGS TO TENS OF THOUSANDS OF WORDS, THERE IS A CORE COLLECTION OF ABOUT 250 WORDS THAT EVERYONE USES TO COMMUNICATE INFORMATION, EVEN THE MOST COMPLEX ISSUES CAN USUALLY BE DEFINED AND DESCRIBED USING THIS CORE COLLECTION.

SO WHAT IS SO SPECIAL ABOUT THIS LIST OF 250 WORDS? THE ANSWER IS NOTHING. THERE IS NOTHING SPECIAL ABOUT THE WORDS. IF THEY WERE ICE CREAM THEY WOULD ALL BE VANILLA. IT IS THIS SIMPLICITY THOUGH THAT MAKES THE WORDLIST SO VERSATILE. THE MORE RESEARCH ZIPF CONDUCTED THE MORE AUTHORITATIVE HIS FINDINGS BECAME, LEADING TO THE ADOPTION OF THIS CONCEPT ACROSS THE SPECTRUM OF HUMAN SCIENCES. IN LIBRARY SCIENCE, ZIPF'S PRINCIPLE OF LEAST EFFORT ILLUSTRATES HOW INFORMATION SEEKERS WILL, UPON LOCATING INFORMATION THAT MEETS THE MINIMUM STANDARDS OF ACCEPTABILITY, CEASE SEARCHING FOR ADDITIONAL INFORMATION THAT MAY BE MORE CREDIBLE OR AUTHORITATIVE, AND PROCEED WITH ONLY THEIR ORIGINAL SEARCH RESULTS.

WE ARE PROGRAMMED TO FIND THE EASIEST SOLUTION, THE SHORTEST ROUTE, THE SIMPLEST EXPLANATION. WHEN WE FIND AN ANSWER THAT SATISFIES THAT CRITERIA WE TEND TO STOP LOOKING FOR MORE AND SETTLE FOR WHAT WE'VE ALREADY FOUND, EVEN IF IT IS BIASED OR EVEN COMPLETELY WRONG. AS EDUCATORS WE HAVE TO FIND WAYS TO BREAK THROUGH THAT MINDSET AND INSTILL WITHIN THE RESEARCHER, THE VALUE OF ADDITIONAL SEARCHES AND THE IMPORTANCE OF SEEKING OUT HIGH QUALITY RESEARCH FROM RESPECTED SOURCES THAT ARE EXPERTS IN THEIR FIELDS. WE HAVE TO BE ABLE TO SHOW THEM THE ADVANTAGES OF USING SCHOLARLY DATABASES THAT INCLUDE BOTH PRIMARY DOCUMENTS AND HIGH QUALITY SCHOLARSHIP, AND MOVE BEYOND THEIR RELIANCE ON GOOGLE AND WIKIPEDIA. AND WE HAVE TO TAKE THE TOOLS TO THEM. WE CANNOT WAIT FOR THEM TO COME TO US OR FIND IT ON THEIR OWN. THAT'S BECAUSE THEY WON'T. ADMITTEDLY THIS IS NO EASY TASK WITH THE PROLIFERATION OF CELL PHONES, AI ASSISTANTS, AND FAKE NEWS; HOWEVER, IT IS ESSENTIAL IF WE ARE SERIOUS ABOUT TRANSFORMING LIVES AND GIVING STUDENTS THE TOOLS TO BE POSITIVE INFLUENCES IN THEIR COMMUNITY.

AS A FACULTY MEMBER, STAFF MEMBER, OR PARENT, YOU CAN RELY ON THE LIBRARY TO HELP YOU INSTILL A NEW MINDSET THAT ESCHEWS THE SIMPLISTIC CONCLUSIONS WE DRAW FROM SOURCES THAT ARE NOT AUTHORITATIVE OR OVERLOOK DISCREPANCIES AND FALSEHOODS IN ORDER TO PERPETUATE A FALSE NARRATIVE. IT IS YOU THOUGH THAT ARE ON THE FRONT LINES IN THIS WAR AGAINST LETHARGY. IT IS OFTEN UP TO YOU TO STEER STUDENTS AWAY FROM THE SIMPLISTIC ANSWER. ON THAT FRONT, WE CAN INTRODUCE YOU TO HIGH QUALITY TOOLS AND RESOURCES THAT WILL PRODUCE RESULTS THAT ARE MORE CREDIBLE AND AUTHORITATIVE. WE CAN TEACH YOU HOW TO USE THEM AND HELP YOU CREATE CURRICULUM TO REINFORCE THESE ESSENTIAL SKILLS. IT IS LONG PAST THE TIME WHEN WE SIMPLY G.T.S. (GOOGLE THAT... STUFF). NOW THAT YOU ARE AWARE OF THIS DYNAMIC, LOOK FOR IT IN PRACTICE AND, IF THE OPPORTUNITY PRESENTS ITSELF, SUGGEST AN ALTERNATIVE OR A VISIT TO THE LIBRARY. WE'RE HERE TO HELP. PLEASE ALLOW US THE OPPORTUNITY TO DO SO.



"Change can be scary, but  
you know what's scarier?  
Allowing fear to stop you  
from growing, evolving,  
and progressing."

~ Mandy Hale