



# RANGER COLLEGE INSIDE STUDENT SERVICES



## GETTING TO KNOW... MATHEMATICS INSTRUCTOR KRYSTAL OSTDIEK

WHEN DID YOU BEGIN SERVING AT RANGER COLLEGE?

AUGUST 10, 2020

WHERE WERE YOU BORN?

VAIL, COLORADO

FAVORITE LOCAL RESTAURANT

MAE'S MEAT MARKET IN EASTLAND OR HARD 8 BBQ IN STEPHENVILLE

WHAT IS YOUR IDEAL VACATION DESTINATION?

A NICE COZY CABIN TUCKED IN THE MOUNTAINS. BONUS POINTS IF IT IS IN THE WINTER.

WHAT IS A BOOK, MOVIE, OR SERIES RECOMMENDATION?

ATOMIC HABITS IS A GREAT READ AND MY HOUSEHOLD IS CURRENTLY VERY BIG ON THE PAW PATROL SERIES.

GUILTY PLEASURE

THRIFTING

MEANINGFUL RANGER COLLEGE MEMORY

I LOVE EVERYTHING ABOUT GRADUATION! IT IS SO MEANINGFUL TO BE ABLE TO CONNECT WITH PARENTS, FRIENDS, AND FAMILY MEMBERS OF STUDENTS THAT I HELPED SUPPORT DURING THE SEMESTER(S).

CARING CAMPUS MOMENT

THIS SEMESTER I HAVE SOO MANY STUDENTS DEMONSTRATING CARING CAMPUS ON LARGE AND SMALL SCALES AND IT IS EMPOWERING! ANYTHING FROM SHARING SUPPLIES TO HELPING PROVIDE RIDES TO AND FROM CAMPUS.

## REWRITING THE HISTORY BOOKS FOR RANGER TRACK & FIELD

ALBUQUERQUE, NEW MEXICO – AS THE RANGERS FACED YET ANOTHER DAUNTING TASK, A COUPLE OF ATHLETES CONTINUED TO HOLD THEIR OWN AMONGST THE BEST.

ALYSSA MABRY TOOK THE INDOOR RECORD FOR THE 800 WITH A TIME OF 2:25.21 JUST 3 SECONDS FOR NATIONAL STANDARDS AND A 11:00.50 IN THE 3K, ALSO SETTING THE RECORD.

ALFRENIQUE KNOWLES OF THE BAHAMAS TOOK THE 600 METER INDOOR RECORD MISSING THE QUALIFYING STANDARDS BY JUST 4 SECONDS.

NEWCOMER ROBERT STUART OF THE BAHAMAS JUST STEPPED ON CAMPUS JANUARY 1ST AND MISSING THE LONG JUMP STANDARD BY A COUPLE OF METERS BUT SETS THE SCHOOL RECORD WITH A 6.93.

COACH DE'TORRIAN GREEN STATED, "I'M VERY EXCITED TO GIVE THESE KIDS A BREAK AS WE DON'T COMPETE UNTIL FEBRUARY 8TH IN HOUSTON. THIS SHOULD GIVE OUR KIDS FRESH LEGS TO MEET STANDARDS AS IT WILL BE OUR LAST INDOOR MEET FOR THE TEAM. THIS HAS BEEN A LEARNING EXPERIENCE FOR MOST AS WE'RE VERY YOUNG BUT PROMISING."

YOU CAN CATCH THE RANGERS' TRACK AND FIELD TEAM BACK IN ACTION FEBRUARY 8, 2025 AT THE FASTRAK COLLEGIATE PERFORMANCE MEET AT THE UNIVERSITY OF HOUSTON'S YEOMAN FIELDHOUSE IN HOUSTON, TEXAS.



## SOCIAL MEDIA POST OF THE WEEK



### Ranger College Upward Bound

10h · 🌐

We did our part today to, "Make Yourself Proud!" Mariea, Misharee, and Candis (not pictured) all donated blood at our campus blood drive to help give back to others. 🩸

❤️ [#RCUB](#) [#givingbackmatters](#)



Liked by [rangercollege](#) and others

**rangerpresident** President Worrels had the privilege of attending a seminar hosted by Athletic Director Norwood and the Ranger College Hispanic Serving Institution (HSI) Department. The event featured Coach Potter, who shared a powerful message about overcoming obstacles while facing severe mental health challenges. President Worrels is grateful to be part of an institution that prioritizes and supports student mental health!

[#rc](#) [#rcpride](#) [#caringcampus](#) [#mentalhealth](#)  
[#studentmentalhealth](#) [#rangercollege](#)

# SPREAD KINDNESS



Have you witnessed an act of kindness? Did someone brighten your day, or did you go out of your way to help someone? We want to hear about it!

 Submit your stories to:

 [ActsofKindness@rangercollege.edu](mailto:ActsofKindness@rangercollege.edu)

Your story could inspire others and be featured in our kindness spotlight!

What is RAOK?

**Random  
Acts  
Of  
Kindness**

*Small acts that make a big impact!*

Examples of RAOK:

-  Helping a classmate with notes
-  Listening when someone needs to talk
-  Giving a small, thoughtful gift
-  Assisting someone in need

Let's keep kindness going at Ranger College—one RAOK at a time!

**RANGER BASEBALL SEASON OPENER ENDS IN A WALK-OFF WIN**

RANGER, TEXAS – THE RANGER COLLEGE RANGERS OPENED THEIR BASEBALL SEASON FRIDAY WITH A DRAMATIC 15-14 HOME VICTORY OVER THE DALLAS COLLEGE BROOKHAVEN BEARS AT ELLIS BURKS FIELD. THE GAME WAS A BACK-AND-FORTH AFFAIR, WITH BROOKHAVEN SCORING FOUR RUNS IN THE SECOND INNING AND RANGER ANSWERING WITH THREE. THE BEARS ADDED FIVE MORE RUNS FROM THE THIRD THROUGH FIFTH INNINGS, WHILE RANGER SCORED SIX IN THE FOURTH AND THREE IN THE FIFTH, MAKING IT 12-9 HEADING INTO THE NINTH. BROOKHAVEN SCORED FIVE RUNS IN THE TOP OF THE NINTH TO TAKE A 14-12 LEAD, BUT RANGER RALLIED IN THE BOTTOM OF THE INNING. LARRY DRAKE SCORED ON A BROOKHAVEN ERROR, AND MICHAEL LOZANO'S DOUBLE DROVE IN TWO RUNS FOR THE WALK-OFF WIN. THE RANGERS COLLECTED 13 HITS TO BEARS' 10. ELI HEYEN STARTED ON THE MOUND FOR THE RANGERS, WITH LANDON GUTIERREZ, JAYKUB REYES, AND ABEL ANZALDUA PITCHING IN RELIEF. GUTIERREZ, REYES, AND ANZALDUA EACH THREW SHUTOUT INNINGS, AND BLAYNE POLEN PITCHED IN THE NINTH. LOZANO LED THE RANGERS AT THE PLATE, GOING 3-FOR-5. JOEY RODRIGUEZ, IANN COBOS, DRAKE, AND LOZANO EACH DROVE IN THREE RUNS. SEAN GARDINER HAD TWO HITS, AND TUI AMOSA DREW THREE WALKS. THIS WIN IS ALSO THE FIRST FOR HEAD COACH DALTON RODRIGUEZ, WHO WAS PREVIOUSLY THE ASSISTANT COACH FOR THE RANGERS FOR SEVERAL YEARS.



**META's here for  
fatigue**

meta



**Private Online Counseling**

[meta.app/students](https://meta.app/students)



What's Happening in Ranger College Athletics February 2-8, 2025		#LeaveYourMark
Day	Events	
Monday 2/3/25	Softball (Home) Doubleheader • Vs. Trinity Valley Community College (1:00pm and 3:00pm)	
Wednesday 2/5/25	Softball (Home) Doubleheader • Vs. Western Texas College (1:00pm and 3:00pm) Basketball (Home) Vs. Hill College • Women at 5:00 pm • Men at 7:00 pm	
Friday 2/7/25	Baseball (Away) Doubleheader • At Hillsborough CC (in Tampa, FL) 1:00pm Softball (Home) • Vs. Western Nebraska CC (Noon and 3:00pm)	
Saturday 2/8/25	Track & Field (Women & Men) • At EastTrak Performance Meet (in Houston, TX) Baseball (Away) • At Polk State College (in Winter Haven, FL) 11:00am & 2:00pm Softball (Home) • Vs. Clarendon College (noon and 3:00pm) Basketball (Away) Vs. Temple College (in Temple, TX) • Women at 2:00pm • Men at 4:00pm	



4 FEBRUARY

**WORLD  
CANCER  
DAY**



World Cancer Day is a global healthcare event for the awareness of cancer, which has been commemorated on February 4th of every year for the past 23 years (since 2000) with the aim of spreading awareness and educating people about its detection, treatment, and prevention.

**MORE THAN JUST BOOKS  
BY GOLEMON LIBRARY ASSISTANT LIBRARIAN,  
HELEN COZART**

I TALK ABOUT OUR DATABASES AND OTHER LIBRARY SERVICES A LOT, BUT THIS WEEK I WANT TO TALK ABOUT ONE OF OUR MOST AMAZING TOOLS – THE PRINTERS. NOT ONLY ARE COPIES FREE TO STAFF AND STUDENTS, BUT THESE SOPHISTICATED PRINTERS OFFER A VARIETY OF OPTIONS. THE MOST COMMONLY USED FEATURE IS THE ABILITY TO SCAN DOCUMENTS AND EMAIL THEM STRAIGHT FROM THE PRINTER TO WHEREVER YOU WANT. THEY CAN ALSO PRINT A VARIETY OF SIZES. WE EVEN HAVE 11X17 PAPER. IF YOU HAVE A PROJECT THAT REQUIRES A BOOKLET, WE CAN PROGRAM IT TO STAPLE IN THE MIDDLE SO YOU CAN FOLD IT IN HALF. YOU CAN SCAN BOOKS AND IT CAN TELL WHICH IS THE LEFT PAGE AND WHICH IS THE RIGHT SO THAT THEY HAVE THE CORRECT AMOUNT OF MARGIN. OF COURSE, YOU CAN PRINT IN COLOR AND PRINT ONE OR TWO SIDED, NO MATTER WHAT THE ORIGINALS ARE. WITH THE XEROX EASY ASSIST APP, YOU CAN PRINT STRAIGHT FROM YOUR DEVICE.

THE LIBRARY IS A GREAT PLACE TO PUT THOSE FINISHING TOUCHES ON YOUR ASSIGNMENTS AND PROJECTS. STOP BY SOON.

WHAT TO DO THIS WEEKEND: THERE ARE TWO GREAT PROGRAMS MAKING THEIR WAY AROUND TEXAS DURING FEBRUARY – THE GLENN MILLER ORCHESTRA AND THE HARLEM GLOBETROTTERS. CHECK THEIR WEBSITES OR MINE FOR DATES AND LOCATIONS. THE GLENN MILLER ORCHESTRA WILL BE IN SAN ANGELO ON FEBRUARY 15TH – MY SWEETHEART IS TAKING ME FOR VALENTINE’S DAY. CLOSER TO HOME, EASTLAND IS HAVING THE ANNUAL BOOTS & BLING BALL, A FUNDRAISER FOR EASTLAND MEMORIAL HOSPITAL, ALSO ON THE 15TH.

IN THE WINDOW THIS WEEK WE ARE TAKING A LOOK AT THE PLAINS HERITAGE TRAIL THROUGH THE MIDDLE OF FEBRUARY. THIS IS THE LAND OF AMARILLO, LUBBOCK, ROUTE 66, AND CATTLE. DID YOU KNOW THE OFFICIAL STATE OF TEXAS LONGHORN HERD IS LOCATED AT FORT GRIFFIN STATE PARK, JUST AN HOUR FROM HERE?

**RANGER COLLEGE HOMECOMING EVENTS!**

JOIN US FOR A FANTASTIC WEEKEND OF CELEBRATION AND CONNECTION!

FOR OUR HOMECOMING ALUMNI EVENTS:

FRIDAY, FEBRUARY 21:

- 10:30AM: ALUMNI BRUNCHEON
- 12:00 PM: BASEBALL
- 1:00 PM SOFTBALL
- 6:00 PM: HALL OF FAME RECEPTION

SATURDAY, FEBRUARY 22:

- 10:00 AM: ALUMNI CAMPUS WELCOME
- 11:00 AM: TAILGATE
- 12:00 PM: BASEBALL & SOFTBALL
- 2:00 WOMEN’S BASKETBALL
- 4:00 PM: MEN’S BASKETBALL
- 6:15 PM: FAREWELL AT LA HACIENDA

LET’S MAKE LASTING MEMORIES TOGETHER!  
VISIT OUR WEBSITE TO RSVP!

Homecoming  
*Alumni*  
EVENTS

21 Feb	10:30am Alumni Brunch 12:00 pm Baseball 1:00 pm Softball 6:00 pm Hall of Fame Reception	Friday
22 Feb	10:00am Alumni Campus Welcome 11:00am Tailgate 12:00pm Baseball & Softball 2:00pm Women’s Basketball 4:00pm Men’s Basketball 6:15pm Farewell at La Hacienda	Saturday